

## Protocol for anti-coronavirus measures

### Version for location Rotterdamseweg

This protocol describes the RIVM (National Institute for Public Health and the Environment) guidelines and in which way our locations follow these guidelines. The general guidelines are related to hygiene measures and health problems among staff and children. They are applicable for all Plukkebol locations. Dropping off and picking up the children, but also contact between staff and children are specific for each location and child group. These measures have therefore been elaborated per location.

#### **General guidelines for all Plukkebol locations**

- Children can go to daycare as of Monday May 11th.
- Out-of-school care is only available on the days that the children are going to school.
- Emergency childcare will still be provided. Parents could make use of it if there are spots available at the location.
- Children do not have to keep 1,5 meters distance from each other.
- Educational employees and children do not have to keep 1,5 meters distance from each other. Given the nature of childcare, this is not (always) possible nor desirable.
- Educational employees always need to keep 1,5 meters distance from each other.
- Drop-off and pick-up takes place in as little time as possible: children will be dropped off by 1 adult only.
- Any details regarding the child will be shared in the parent portal or by phone.
- Dropping off and picking up the children will be organised at each location in such a way that the 1,5 meters distance can be respected.
- The quality requirements as included in the 'Wet Kinderopvang' (Childcare Act) shall remain in force. A flexible policy is in place in case of force majeure because of the coronavirus.
- Work will be carried out according to the RIVM hygiene guidelines.
- The GGD (Municipal Health Services) will be notified when there is more than one case of illness (with symptoms of the coronavirus disease) at the location.
- The Parents Association and the schools concerned are involved in the implementation of this protocol.

#### **Hygiene measures**

- Children and staff regularly wash their hands during 20 seconds.
- Adults don't shake hands.
- Educational employees ensure that hygiene rules are being respected. For instance, soap and paper towels are sufficiently available at each group.
- Frequently used materials are regularly being cleaned:
  - Toys
  - Tables and chairs
  - Door handles

- Dressers
- Toilets

(The domestic worker gives her support to these measures in her presence. Educational employees are also responsible for respecting the hygiene measures).

- One or more staff members must be held responsible for implementing these hygiene measures.
- Educational employees make children more aware of sneezing and coughing in the elbows.

### Health problems among children

- Staff members will check upon arrival whether the children have symptoms. In case they do have symptoms, they will need to go home.
- Should the child develop symptoms during the day, the parent will be contacted to pick up the child.
- Children with respiratory symptoms will have to stay at home. We understand respiratory symptoms to mean:
  - Nasal congestion
  - Runny nose
  - Sneezing
  - Sore throat
  - Mild cough
  - Temperature up to 38 degrees Celsius or fever above 38 degrees Celsius
- Children are only allowed to childcare when they have been completely free of symptoms for 24 hours.
- If someone in the household has fever above 38 degrees and/or symptoms of tightness, the child also needs to stay at home.
- When everyone in the household has been free of symptoms for 24 hours, the child(ren) is/are allowed to go to childcare again.
- If someone in the household of the children has tested positively for COVID-19, the children have to wait for that person to be free of symptoms for 24 hours and then stay at home for 14 more days.
- Children who have symptoms will be tested by the GGD when possible with the permission of parent(s)/guardian(s).
- In case of (suspicion of) Coronavirus contamination the childcare centre reports this to the GGD department of Infectious Disease Control when there are 3 or more children presenting symptoms of nasal congestion and/or coughing and/or fever. If required, the childcare centre may also contact the GGD if the child continues to have symptoms for a long time and therefore is not admitted to the childcare centre. The GGD will subsequently assess the situation and, if needed, will take tests – with permission of the parents.

## Health problems among staff

Working in childcare is one of the essential jobs. The following RIVM guidelines are applicable:

- Staff with respiratory symptoms and/or fever above 38 degrees Celsius will stay at home and will be tested for COVID-19. When they have been free of symptoms for 24 hours or have tested negative for COVID-19, they can return to work.
- Staff members can be tested as of May 6<sup>th</sup> according to the RIVM testing policy: <https://www.rivm.nl/coronavirus-covid-19/testen>.
- Staff members at risk (according to the list of RIVM's risk groups), cannot be obliged to work on the group and will do other tasks from home or (elsewhere) at the location. The employee will consult the occupational physician/practitioner.
- Staff members who have family members at risk (according to the list of RIVM's risk groups) cannot be obliged to work on the group and will do other tasks from home or (elsewhere) at the location. The employee will consult the occupational physician/practitioner.
- Staff members who are pregnant will not work at the group in the last trimester of their pregnancy (from week 28 onwards) and will carry out other tasks from home or (elsewhere) at the location. The employee will discuss this with the occupational physician/practitioner.

## Protocol for location Rotterdamseweg

### **In general**

As of May 11th, children between 4-12 years old whose parents have a contract, may go to the out-of-school care on the days that they are going to school. The emergency childcare will still be provided based on availability.

### **While children are at the out-of-school care**

- Children do not have to keep 1,5 meters distance from each other.
- Staff members and children aged 4 and above have to keep 1,5 meters distance from each other as much as possible.
- Contact between children from different groups needs to be limited if possible.
- Staff members always need to keep 1,5 meters distance from each other.
- We use routes at the location for dropping off and picking up the children.

### **Dropping off and picking up the children**

- Staff members and parents always need to keep 1,5 meters distance from each other.
- Drop-off and pick-up takes place in as little time as possible.
- The child(ren) will be dropped off and picked up by 1 adult only.
- The adult who drops off/picks up the child needs to be free of symptoms.
- The handover of the child will be kept short. If necessary, the parent can be contacted by phone should discussing the child require more time.

### **Treats**

- We celebrate the birthdays of the children at the group.
- Children are not allowed to bring any treats from home.
- Plukkebol provides the treats at the location for the birthday boy or girl. This applies for daycare as well as out-of-school care.

### **Picking up the children from school**

- When picking up the children from school we respect the protocol of the school concerned.

### **Route for dropping off and picking up the children**

- Cars will be left outside of the premises (the aerospace site). The main entrance at the Rotterdamseweg is only accessible for children of Hudito who come for training and are being taken by their parents.
- Bicycles can be parked at the Hudito premises in the designated bike stands.
- Parents access the Hudito premises via the side gate.

- Via the leftside of the building (alongside Iger), parents walk towards the gate and the front door. The handover of the child takes place at the out-of-school care square. Parents walk back via the side where Plik is towards the side gate.
- Parents and children must leave the Hudito premises immediately after pick-up, parents can also not use the playground near the bike stands.

## Appendix: Long-term nasal congestion

This appendix is included as a supplement to the protocol, because it is not desirable that children who have pre-existing respiratory symptoms are not admitted to childcare. This also applies for children who have new mild respiratory symptoms excluding them from childcare and education for a long time. Priority continues to be the prevention of the spread of COVID-19, and the rules established by the RIVM included in our protocol still apply. To be able to make a good distinction between coronavirus related symptoms or pre-existing symptoms, the following guidelines regarding chronic complaints amongst children will be taken into account:

- If the complaints of a child as recognizable unchanged fit with a pre-existing condition the child may attend childcare. This condition could be:
  - Hayfever
  - Asthma
  - Narrowing of the sinuses, accompanied by recurring nasal congestion
- In the case a symptom pattern changes or when new symptoms occur the child stays at home until:
  - The child is symptom-free
  - Recurrence of the pre-existing symptom pattern
- If necessary a medical doctor affiliated with the GGD will assess the situation of the individual child in consultation with:
  - Parents
  - Childcare
  - Possibly the family doctor or treating doctor
- In case of doubt about the cause of the symptoms the child can be tested to rule out or confirm COVID-19.
- In case a child shows new mild symptoms which last for more than a week, it could be considered to carry out a test if this situation has consequences for attending childcare.